Bring it on Brum *Parent Survey*





INTRODUCTION

In September and October 2024, StreetGames conducted a survey with the parents of children who attended the Holiday Activities & Food (HAF) programme in Birmingham. The survey captured feedback on the impact the HAF programme has had on their child/children, with a particular focus on the role the programme has played in their engagement in sport/physical activity outside the holiday programme.

There were 327 responses to the survey in total. Below provides a summary of the results.

Parents were asked about their child's experiences whilst attending their holiday programme. Chart 1 highlights that most of the children attending a holiday programme were able to engage in a range of new activities, experiences and were able to mix with other children/young people at the sessions.

My child enjoyed being active		95%
My child had the opportunity to take part in a range of different sports / physical activities	94%	
My child enjoyed meeting up with other children / young people at sessions		92%
My child had the opportunity to try a new sport / physical activity		88%
My child had the opportunity to try new/different foods	75%	
My child tried activities that they now do at home	75%	

To determine the impact the holiday activity programme had on children's involvement in sport, parents were asked if their child had started attending any new sports sessions or joined a local sports club/team since attending the holiday activity programme. Chart 2 highlights that 18% of children had 'started attending a sports session' and 29% had 'joined a sports club/team'.

18%

Started attending sports sessions (e.g. started attending swimming lessons)

29%

Joined a sports club / team (e.g. a local football team or judo club)

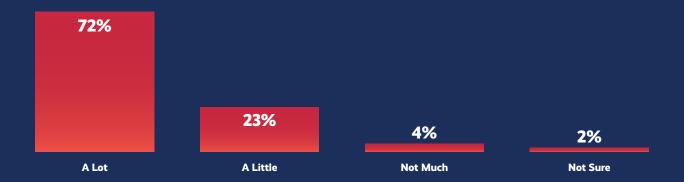




Chart 3 highlights that there was a broad range of sports that children were now taking part in at clubs/sport sessions, with football (22%) being the most common.



Parents were asked how much taking part in sport and physical activities at the holiday activity programme influenced their child's decision to join a sports club/team or session. Chart 4 highlights that the holiday activity programme played a significant role, with 72% of parents stating that it influenced their child 'A lot' and a further 23% stating 'A little'.



To find out more about barriers children face, the survey asked parents what prevented their child/children from taking part in sport more often. Chart 5 highlights that the most common barrier was 'The cost of taking part in sports sessions/joining a sport club are too expensive' (24%).

